

30 September 2018

No.	Pos	Cat.	Cat Pos	Forename	Surname	Club/Team	Time
974	1	U35M	1	Iain	Trickett	Dorset Doodlers RC	0:25:28
714	2	U35M	2	Josh	Cole	Bournemouth AC	0:26:33
846	3	U35M	3	Joshua	King	Bournemouth AC	0:26:51
967	4	U35M	4	Craig	Palmer	Bournemouth AC	0:26:57
605	5	U35M	5	Chris	Alborough	Poole AC	0:27:00
736	6	U45M	1	Gareth	Alan-Williams	Poole AC	0:27:07
688	7	U45M	2	Brian	Underwood	Poole AC	0:27:08
686	8	U35M	6	Adam	Conroy	Poole AC	0:27:12
929	9	U45M	3	Christopher	Wood	Wimborne AC	0:27:15
690	10	U35M	7	Jed	Skilton	Poole AC	0:27:26
895	11	U45M	4	Jon	Sharkey	Bournemouth AC	0:27:29
820	12	U35M	8	Laszio	Toth	Bournemouth AC	0:27:32
611	13	U35M	9	Lee	Dempster	Lytchett Manor Striders	0:27:38
654	14	U35M	10	Sean	Edwards	Lytchett Manor Striders	0:27:53
673	15	U35M	11	Mitchell	Griffiths	Westbourne RC	0:28:15
687	16	U55M	1	Dave	Hicks	Poole AC	0:28:16
922	17	U35M	12	Stuart	Nicholas	Bournemouth AC	0:28:25
924	18	U45M	5	Gavin	Pritchard	(n/a)	0:28:34
904	19	U45M	6	Steve	Rigby	Dorset Doodlers RC	0:28:38
911	20	U45M	7	Bill	Day	Poole Runners	0:28:49
921	21	U45M	8	Robin	Lovegrove	(Lonely Goat RC)	0:28:55
700	22	U45M	9	Scott	Parfitt	Lytchett Manor Striders	0:29:27
609	23	U55M	2	Jason	Robbins	Lytchett Manor Striders	0:29:31
936	24	U45M	10	Steven	Yates	Poole Runners	0:29:35
837	25	U35M	13	Adam	Corbin	Westbourne RC	0:29:37
657	26	U35M	14	Joseph	Sherwood	Littledown Harriers	0:29:42
816	27	U55M	3	Ian	Middlebrook	Egdon Heath Harriers	0:29:47
908	28	U45M	11	Kevin	Drayson	Westbourne RC	0:29:48
976	29	U45M	12	Neil	Sexton	Poole Runners	0:29:52
933	30	U35M	15	Lorenzo	Bianchi	Wimborne AC	0:29:52



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No.	Pos	Cat.	Cat Pos	Forename	Surname	Club/Team	Time
758	31	U55M	4	Charlie	Griffiths	Westbourne RC	0:29:52
663	32	U55M	5	David	Parker	Littledown Harriers	0:29:54
786	33	U45M	13	Paul	Currah	Poole Runners	0:29:55
946	34	U35M	16	Michael	Akers	Poole Runners	0:29:58
822	35	U55M	6	Bruce	Campbell	Egdon Heath Harriers	0:29:59
652	36	U45M	14	Robert	Jones	Littledown Harriers	0:30:01
958	37	U45M	15	Kit	Lau	Southampton Athletic Club	0:30:01
827	38	U45M	16	Simon	Davis	Wimborne AC	0:30:05
829	39	U55M	7	Graeme	Miller	Bournemouth AC	0:30:08
964	40	U35M	17	Scott	Wilding	Egdon Heath Harriers	0:30:09
628	41	U55M	8	Mark	Packer	Littledown Harriers	0:30:10
770	42	U55M	9	Vince	Fowler	Littledown Harriers	0:30:16
813	43	U17M	1	Nathaniel	Willmore	Poole Runners	0:30:17
672	44	U45M	17	Aaron	Beaton	Westbourne RC	0:30:32
898	45	U45M	18	Richard	Brawn	Bournemouth AC	0:30:37
616	46	U35M	18	Edward	Crawley	Lytchett Manor Striders	0:30:49
962	47	U35M	19	Jonathan	Martin	(n/a)	0:31:08
757	48	U45M	19	Stephen	Williams	Littledown Harriers	0:31:18
937	49	U45M	20	Chris	Heckford	Wimborne AC	0:31:22
834	50	U45M	21	Peter	Doughty	Westbourne RC	0:31:24
618	51	U45M	22	Scott	Mordew	Lytchett Manor Striders	0:31:35
681	52	65+M	1	Hamish	Murray	(n/a)	0:31:41
669	53	U55M	10	Jerry	Shield	Wimborne AC	0:31:49
751	54	U45M	23	Colin	Somers	Poole Runners	0:31:57
706	55	U55M	11	Paolo	DeLuca	Littledown Harriers	0:31:59
721	56	U45M	24	Darryl	Corbin-Jones	Westbourne RC	0:32:05
949	57	U55M	12	Andrew	Humphreys	Poole Runners	0:32:05
670	58	U45F	1	Emma	Caplan	Bournemouth AC	0:32:07
833	59	U45F	2	Laura	Pettifer	Team Pettifer	0:32:13
899	60	U45M	25	Alex	Thompson	Lytchett Manor Striders	0:32:16

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No.	Pos	Cat.	Cat Pos	Forename	Surname	Club/Team	Time
821	61	U55M	13	Chris	O'Brien	Bournemouth AC	0:32:17
656	62	U55M	14	Matthew	Bosanquet	Lytchett Manor Striders	0:32:19
777	63	U45M	26	Tony	Watts	Wimborne AC	0:32:23
902	64	U45M	27	Lee	Collier	Dorset Doodlers RC	0:32:32
840	65	U45M	28	Joe	Godden	Poole Runners	0:32:35
642	66	U45M	29	Mark	Goodwin	Littledown Harriers	0:32:37
905	67	U45M	30	Matthew	Cafferky	New Forest Runners	0:32:39
783	68	U65M	1	Simon	Hayter	Wimborne AC	0:32:40
793	69	65+M	2	Nick	Brooke	Dorset Doodlers RC	0:32:52
812	70	U55M	15	David	Wilson	Littledown Harriers	0:32:54
903	71	U45M	31	Roger	Teasdale	Dorset Doodlers RC	0:33:02
693	72	U17M	2	Charles	Davies	Wimborne AC	0:33:06
788	73	U55M	16	Jason	Christian	Lonely Goat RC	0:33:07
828	74	U45M	32	Mark	Ormonde	Lytchett Manor Striders	0:33:13
660	75	U45M	33	Philip	Cherrett	Bournemouth AC	0:33:14
729	76	U65M	2	Jud	Kirk	Bournemouth AC	0:33:24
731	77	U35M	20	Lewis	Mutton	Storm Plymouth	0:33:51
855	78	U65M	3	John	Cook	Egdon Heath Harriers	0:33:53
720	79	U45M	34	David	Green	Westbourne RC	0:33:55
868	80	U35M	21	Scott	Blakeway	Littledown Harriers	0:33:58
871	81	U55M	17	Steve	Amey	Littledown Harriers	0:34:01
651	82	U55M	18	Colin	Simpson	Reading AC	0:34:08
879	83	U65M	4	Nigel	Haywood	Purbeck Runners	0:34:14
881	84	U45M	35	Andrew	Isaac	Littledown Harriers	0:34:15
842	85	65+M	3	Ian	Barnes	Poole Runners	0:34:19
934	86	U35M	22	Darrell	Froud	Poole Runners	0:34:23
633	87	U45M	36	Simon	Moore	Lytchett Manor Striders	0:34:26
661	88	U17M	3	Archie	Weedon	Lytchett Manor Striders	0:34:27
811	89	U35F	1	Clare	Martin	Purbeck Runners	0:34:28
875	90	U35M	23	Chris	Jones	Littledown Harriers	0:34:32



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650	91	U35F	2	Jessica	Marshall	Weymouth St Pauls Harriers	0:34:37
876	92	U45F	3	Chloe	Wolf	(Lymington Triathlon Club)	0:34:43
854	93	U35F	3	Alexandra	Door	Egdon Heath Harriers	0:34:46
707	94	U45M	37	Alfredo	Hernandez-Sanchez	(n/a)	0:34:48
838	95	65+M	4	Alan	Lewis	Poole Runners	0:34:57
892	96	U17M	4	Thomas	Woods	(n/a)	0:35:00
947	97	U55F	1	Lisa	Elmore	New Forest Runners	0:35:02
977	98	U45M	38	Mark	Everett	Littledown Harriers	0:35:06
797	99	U35M	24	Luke	Dowsett	Littledown Harriers	0:35:06
803	100	U55F	2	Julia	Austin	(n/a)	0:35:08
747	101	U65M	5	Paul	Wilding	Lytchett Manor Striders	0:35:14
640	102	U55F	3	Lorna	Haines	Purbeck Runners	0:35:21
801	103	U55M	19	Mike	White	Bournemouth AC	0:35:22
614	104	U45M	39	Matt	Brooker	Lytchett Manor Striders	0:35:28
632	105	U35M	25	Daniel	Adams	Poole Runners	0:35:36
719	106	U45M	40	Ian	Diffey	Lytchett Manor Striders	0:35:37
815	107	U55M	20	Andrew	Horsley	Wimborne AC	0:35:38
728	108	U45M	41	James	Allen	Poole Runners	0:35:39
674	109	U65M	6	David	Child	Westbourne RC	0:35:50
880	110	U55M	21	Jamie	Christopher	Poole Runners	0:35:57
873	111	U55M	22	Peter	Wilson	(New Forest Runners)	0:36:00
907	112	65+M	5	Charles	Fox	New Forest Runners	0:36:01
765	113	U55F	4	Paula	Barker	Poole Runners	0:36:03
668	114	U55F	5	Sarah	Ellis	Westbourne RC	0:36:04
804	115	U55M	23	Jonathan	Woods	Littledown Harriers	0:36:06
856	116	U45F	4	Maria	Everett	Littledown Harriers	0:36:08
817	117	U55F	6	Joanna	Westhead	Poole Runners	0:36:09
966	118	U55F	7	Jo	Dilling	Bournemouth AC	0:36:10
735	119	U45M	42	David	Elliott	(n/a)	0:36:13
969	120	U17M	5	Luke	Linney	(Christchurch Runners)	0:36:13



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912	121	U55M	24	Nigel	Redman	Poole Runners	0:36:18
826	122	65+M	6	Dave	Pettifer	Team Pettifer	0:36:19
930	123	U35F	4	Carol	Townsend	(n/a)	0:36:20
702	124	U45M	43	Paul	Lock	Littledown Harriers	0:36:23
645	125	U45F	5	Sharon	Shaw	Poole Runners	0:36:29
613	126	U45M	44	Patrick	Bailey	Littledown Harriers	0:36:31
671	127	U45M	45	Steve	Parsons	Bournemouth AC	0:36:35
849	128	U65M	7	John	Morris	Lytchett Manor Striders	0:36:36
684	129	U45F	6	Clare	Snape	Poole AC	0:36:37
712	130	U35M	26	Brett	Stevens	Poole AC	0:36:37
845	131	U55M	25	Richard	Nelson	Bournemouth AC	0:36:39
955	132	U35M	27	Jack	Hawkins	(Hon. Westbourne)	0:36:43
957	133	U35F	5	Jo	Stone	(n/a)	0:36:49
685	134	U55F	8	Kathryn	Robson	Poole AC	0:36:51
954	135	U45M	46	James	Smith	(n/a)	0:36:55
713	136	U45F	7	Samantha	Halstead	Littledown Harriers	0:36:57
629	137	U55M	26	Richard	Holmes	Littledown Harriers	0:36:58
724	138	U65M	8	Steve	Hull	(New Forest Runners)	0:36:59
691	139	U55F	9	Gillian	Allen	Wimborne AC	0:37:04
882	140	U17M	6	Daniel	Gilbert	Littledown Harriers	0:37:06
808	141	U55M	27	Graham	Filmer	Poole AC	0:37:08
940	142	U45M	47	Artur	Majewski	Poole Runners	0:37:17
727	143	U65M	9	Stephen	Littlecott	Lytchett Manor Striders	0:37:22
883	144	U55F	10	Helen	Gilbert	Littledown Harriers	0:37:35
643	145	U35M	28	Charles	Wall	Littledown Harriers	0:37:35
897	146	65+M	7	David	Heath	Poole Runners	0:37:36
932	147	U45M	48	Terry	Mansbridge	(n/a)	0:37:37
715	148	U55F	11	Lynn	Hutchings	Dorset Doodlers RC	0:37:40
638	149	U55M	28	Dougie	Scarfe	Lytchett Manor Striders	0:37:43
620	150	U17M	7	Dylan	Townley	(Lytchett Manor Striders)	0:37:44

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926	151	U55M	29	Ian	White	Bournemouth AC	0:37:46
677	152	U35F	6	Tamzin	Petersen	Bournemouth AC	0:37:47
683	153	U35F	7	Kirstin	Hay	Poole AC	0:37:52
857	154	65+M	8	Jim	Brumfield	Egdon Heath Harriers	0:37:58
745	155	U55M	30	Kevin	Trowbridge	Westbourne RC	0:38:00
787	156	U55F	12	Sarah	Swift	Poole Runners	0:38:01
866	157	U35F	8	Kristina	Varley	Littledown Harriers	0:38:02
938	158	U45F	8	Lucy	Blow	Bournemouth Joggers	0:38:03
950	159	U55M	31	Nick	Summons	Dorset Doodlers RC	0:38:06
634	160	U65M	10	Martin	Hudson	Littledown Harriers	0:38:07
666	161	U45M	49	Matthew	Ames	Egdon Heath Harriers	0:38:16
809	162	65+M	9	Ian	Graham	Bournemouth AC	0:38:21
778	163	U55M	32	David	Hunter	Royal Manor Of Portland AC	0:38:26
639	164	65+M	10	Bill	Oakley	Lytchett Manor Striders	0:38:30
835	165	U55M	33	Andy	Sorton	Poole Runners	0:38:39
928	166	U35F	9	Katrina	White	Bournemouth AC	0:38:46
636	167	U45F	9	Rachel	Smith-Harrison	Littledown Harriers	0:38:55
909	168	U35M	29	Jack	Dwyer	Poole Runners	0:38:59
665	169	U45M	50	Dave	Pitcaithley	(n/a)	0:39:04
858	170	U45F	10	Heather	Butcher	New Forest Runners	0:39:05
943	171	U55M	34	Philip	Haddrell	Weymouth St Pauls Harriers	0:39:07
615	172	U35F	10	Kelsey	Jones	Lytchett Manor Striders	0:39:09
675	173	65+M	11	Geoff	Parrott	Westbourne RC	0:39:16
923	174	U45M	51	Graham	Harrison	(n/a)	0:39:17
682	175	U65F	1	Barbara	Murray	(n/a)	0:39:23
782	176	U55M	35	Richard	Dickinson	New Forest Runners	0:39:24
756	177	U55F	13	Kirsty	Weston	Lytchett Manor Striders	0:39:25
658	178	U45F	11	Tracy	Ashley	Littledown Harriers	0:39:25
852	179	U65M	11	Steve	Boontam	(n/a)	0:39:50
725	180	U55M	36	Simon	Smith	(n/a)	0:39:56



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742	181	U35F	11	Alice	Marshall	Littledown Harriers	0:40:00
906	182	U55M	37	Adam	Walkley	Poole Runners	0:40:04
734	183	U45F	12	Mel	Elliott	(n/a)	0:40:07
823	184	U45F	13	Stella	Campbell	Egdon Heath Harriers	0:40:08
795	185	U55F	14	Kerstin	Cummings	Bournemouth Joggers	0:40:10
953	186	U55M	38	Richard	McWilliam	(n/a)	0:40:11
859	187	U35M	30	Joe	Irwin	Egdon Heath Harriers	0:40:17
951	188	U55M	39	Lawrence	Holbrough	(n/a)	0:40:17
901	189	U45F	14	Emma	Shore	Poole Runners	0:40:27
603	190	U35F	12	Suzanne	Janes	Littledown Harriers	0:40:34
676	191	U35F	13	Lucy	McLellan	Gillingham Trotters	0:40:36
723	192	U65F	2	Heather	Khoshnevis	Littledown Harriers	0:40:43
653	193	U65F	3	Trisha	Reilly	New Forest Runners	0:40:44
622	194	U65M	12	Rodger	Cooper	Lytchett Manor Striders	0:40:46
792	195	U45F	15	Tabitha	Smith	Littledown Harriers	0:40:51
607	196	U55F	15	Nicky	Sadler	Lytchett Manor Striders	0:40:56
608	197	U65M	13	Steven	Sadler	Lytchett Manor Striders	0:40:56
796	198	U35F	14	Joanne	Cleall	Poole Runners	0:41:03
918	199	U45F	16	Lydia	Burge	Vegan Runners UK	0:41:06
890	200	U55M	40	Paul	Bailey	New Forest Runners	0:41:08
818	201	U55F	16	Amanda	Hurst	Littledown Harriers	0:41:09
973	202	U35F	15	Anna	Trehane	(n/a)	0:41:13
919	203	U55F	17	Mel	Carroll	Poole Runners	0:41:14
641	204	U65F	4	Pauline	Worrall	Bournemouth Joggers	0:41:18
761	205	U55M	41	Neil	Dyble	Westbourne RC	0:41:28
841	206	U65F	5	Tracey	Price	Westbourne RC	0:41:31
805	207	U65F	6	Helen	Ambrosen	Bournemouth AC	0:41:43
894	208	U65F	7	Penny	Alvis	(n/a)	0:41:48
694	209	U55M	42	Richard	Davies	Wimborne AC	0:41:51
965	210	U55M	43	Steve	Buller	Poole AC	0:41:59



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824	211	U55M	44	Richard	Smith	Littledown Harriers	0:42:01
867	212	U65M	14	Barry	Telling	Littledown Harriers	0:42:02
733	213	U55F	18	Jacqui	Devereux	(n/a)	0:42:03
870	214	U55M	45	Ted	Gregory	(n/a)	0:42:04
635	215	U35F	16	Nicola	Whittaker	Littledown Harriers	0:42:05
711	216	U65F	8	Karen	Peedell	Littledown Harriers	0:42:10
764	217	U35M	31	James	Davies	Littledown Harriers	0:42:13
680	218	U65M	15	Peter	Barton	Littledown Harriers	0:42:13
935	219	U55M	46	Martin	Shore	Poole Runners	0:42:21
802	220	65+F	1	Linda	Burn	Littledown Harriers	0:42:25
798	221	U55F	19	Debbie	Dowsett	Bournemouth Joggers	0:42:28
717	222	65+M	12	David	Wild	Wimborne AC	0:42:34
776	223	65+M	13	Ken	Parradine	Littledown Harriers	0:42:36
767	224	U35F	17	Kelly	Rumbelow	(n/a)	0:42:47
861	225	U45F	17	Sonia	Laurie	(STC)	0:42:47
664	226	U55F	20	Kelly	Williams	Wimborne AC	0:42:51
884	227	U55F	21	Rhonda	Salmon	Bournemouth Joggers	0:42:54
839	228	U35F	18	Megan	Thompson	Poole Runners	0:42:56
659	229	U55M	47	Scott	Dutton	Littledown Harriers	0:43:04
648	230	U55F	22	Sandra	Hewson	Westbourne RC	0:43:08
699	231	U45F	18	Carly	Hawkins	Westbourne RC	0:43:10
893	232	U65M	16	Brian	Pettis	(n/a)	0:43:12
891	233	65+M	14	Roberto	Panter	Egdon Heath Harriers	0:43:27
771	234	U45F	19	Faye	Law	Poole Runners	0:43:29
697	235	U45F	20	Sam	Jenkins	Littledown Harriers	0:43:31
705	236	U55M	48	Richard	Flatley	Littledown Harriers	0:43:34
646	237	U45M	52	Guy	Burdett	Littledown Harriers	0:43:41
722	238	U55M	49	Charles	Penfold	(Littledown Harriers)	0:43:42
710	239	U55M	50	Stuart	Smith	Littledown Harriers	0:43:44
925	240	U35F	19	Jess	Fitzwarren	(Lymington Triathlon Club)	0:43:57

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726	241	U55M	51	Mike	Southwell	New Forest Runners	0:44:00
791	242	U65F	9	Gail	Lydford	New Forest Runners	0:44:01
914	243	U65F	10	Annette	Mogg	Poole Runners	0:44:06
800	244	U45F	21	Esther	Downes	Poole Runners	0:44:07
775	245	U45F	22	Rebecca	Storrie	(n/a)	0:44:27
961	246	U45F	23	Gemma	Coupe	(n/a)	0:44:38
649	247	U45F	24	Caroline	Searle	Littledown Harriers	0:44:49
927	248	U55F	23	Samantha	Laws	Bournemouth AC	0:45:06
825	249	U55F	24	Nanuka	Devi-Key	Littledown Harriers	0:45:13
916	250	U35M	32	Roy	Noble	(n/a)	0:45:15
931	251	U35F	20	Chloe	Townsend	(n/a)	0:45:17
862	252	U45F	25	Clare	Dawes	Lytchett Manor Striders	0:45:25
679	253	65+M	15	Peter	Clarke	Weymouth St Pauls Harriers	0:45:28
703	254	65+M	16	Philip	Nightingale	Lordshill Road Runners	0:45:39
877	255	U55F	25	Diane	Jack	Wimborne AC	0:45:41
896	256	U55F	26	Emma	Rawson	Littledown Harriers	0:45:50
975	257	U65M	17	Simon	Hawkins	(Hon. Westbourne)	0:45:53
942	258	U35F	21	Hayley	Vincent	Lytchett Manor Striders	0:46:05
630	259	U45M	53	Steve	Vincent	Lytchett Manor Striders	0:46:05
971	260	U65F	11	Maxine	Bennett	Littledown Harriers	0:46:07
980	261	U55F	27	Inès	Braun	Dorset Doodlers RC	0:46:10
864	262	U45F	26	Amanda	Adams	Dorset Doodlers RC	0:46:12
766	263	U45F	27	Alie	Madders	Dorset Doodlers RC	0:46:12
619	264	U55F	28	Karen	Townley	Lytchett Manor Striders	0:46:13
781	265	U55F	29	Debbie S	Hewitt	Egdon Heath Harriers	0:46:27
785	266	U45F	28	Leona	Puxley	(n/a)	0:46:28
863	267	U45F	29	Sarah	Guppy	(n/a)	0:46:49
637	268	U55F	30	Judith	Scarfe	Lytchett Manor Striders	0:47:00
900	269	U45M	54	Richard	Pettifer	Team Pettifer	0:47:10
627	270	U45F	30	Sophie	Mitchell	(n/a)	0:47:11

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No.	Pos	Cat.	Cat Pos	Forename	Surname	Club/Team	Time
655	271	U45F	31	Alison	Hardy	UKRunChat Running Club	0:47:13
695	272	U65F	12	Wendy	Kennedy	Wimborne AC	0:47:15
960	273	U55F	31	Rachel	Gladdis	Wimborne AC	0:47:22
753	274	U45F	32	Lisa	Thomas	Westbourne RC	0:47:31
601	275	U45F	33	Amy	Spreadbury	Littledown Harriers	0:47:38
774	276	U45F	34	Lisa	Tregale	(n/a)	0:47:45
763	277	U35M	33	Ryan	O'Hara	Poole Runners	0:47:48
836	278	U45F	35	Joanne	Coney-Lax	Poole Runners	0:47:59
917	279	U45M	55	Kieron	Halton	(n/a)	0:48:03
626	280	65+M	17	Michael	Nairn	Lytchett Manor Striders	0:48:04
848	281	U45F	36	Cheryl	Struck	Poole AC	0:48:08
755	282	U55F	32	Maggie	Stokes	Westbourne RC	0:48:19
762	283	U65F	13	Liz	Dyble	Westbourne RC	0:48:29
752	284	U65F	14	Alexandra	Stevens	Littledown Harriers	0:48:53
746	285	U55F	33	Helen	Georges	(Christchurch Runners)	0:49:00
888	286	U45F	37	Sanchia	Miles	Lytchett Manor Striders	0:49:01
853	287	U65F	15	Julie	Boontam	(n/a)	0:49:02
920	288	U55F	34	Peta	Currell	(n/a)	0:49:15
644	289	U35F	22	Rebecca	Sinkinson	Littledown Harriers	0:49:16
744	290	U55F	35	Judith	Coole	Westbourne RC	0:49:22
754	291	U45M	56	Darrell	Minvalla	Westbourne RC	0:49:54
806	292	U65F	16	Zodwa	Chasokela	Purbeck Runners	0:50:07
773	293	U55F	36	Joanne	Kain	Gillingham Trotters	0:50:09
869	294	U55F	37	Niamh	McQuillan	Littledown Harriers	0:50:21
807	295	U55F	38	Eve	Filmer	Poole AC	0:50:23
612	296	U55F	39	Teresa	Graham	(Lytchett Manor Striders)	0:50:38
978	297	U55F	40	Kirstin	McCormack	(Lonely Goat RC)	0:51:00
794	298	65+F	2	Flora	Brooke	Dorset Doodlers RC	0:51:17
913	299	U55F	41	Helen	Redman	(n/a)	0:51:32
732	300	U45F	38	Laura	Hunt	(n/a)	0:51:53



30 September 2018

No.	Pos	Cat.	Cat Pos	Forename	Surname	Club/Team	Time
709	301	U35F	23	Amy	Clasby	(n/a)	0:51:55
779	302	U55F	42	Mandy	Hunter	Royal Manor Of Portland AC	0:52:12
610	303	U45F	39	Michelle	Dempster	Lytchett Manor Striders	0:52:18
737	304	U65M	18	David	Stokes	Littledown Harriers	0:52:34
860	305	U65F	17	Lin	Purandare	(Verwood Runners)	0:52:44
865	306	U65F	18	Jan	Underdown	(n/a)	0:52:44
874	307	U65F	19	Lesley	Greenwell	(n/a)	0:52:56
814	308	U65F	20	Marion	Frampton	Poole Runners	0:53:18
939	309	U65M	19	Melvyn	Brooks	(n/a)	0:53:28
885	310	65+M	18	John	Pettifer	Team Pettifer	0:53:51
886	311	U55F	43	Lorna	Pettifer	Team Pettifer	0:53:51
872	312	U55F	44	Angie	Bond	Littledown Harriers	0:54:53
738	313	U35F	24	Georgina	Worsfold	(n/a)	0:55:04
730	314	U35F	25	Georgia	Hazell	(n/a)	0:55:28
617	315	U45F	40	Tamsin	Miles	Lytchett Manor Striders	0:55:46
750	316	U35F	26	Emily	Oakley	(n/a)	0:56:27
851	317	U55F	45	Susanne	Griesser	Poole AC	0:56:42
621	318	U55F	46	Audrey	McWilliams	Lytchett Manor Striders	0:56:59
623	319	U65F	21	Sue	Wright	Lytchett Manor Striders	0:56:59
850	320	65+M	19	David	Grimmett	Egdon Heath Harriers	0:57:41
624	321	U55F	47	Lisa	Bisset	Lytchett Manor Striders	0:58:25
740	322	U65M	20	Philip	Benham	(n/a)	0:59:04
847	323	65+F	3	Pauline	Breeze	(New Forest Runners)	0:59:12
832	324	U55F	48	Rachel	Kite	(RNLI)	0:59:17
831	325	U55M	52	Martin	Ridoway	(RNLI)	0:59:17
743	326	U35F	27	Monika	Loud	Sherfield Park Runners	1:00:54
739	327	U55F	49	Kerry	Jones	Sherfield Park Runners	1:01:05
941	328	U65F	22	Pauline	Albiges	(n/a)	1:02:25
915	329	U55M	53	Tony	Ryan	Bayside Tri	1:03:13
830	330	U17M	8	Olly	Ryan	(n/a)	1:03:13



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No.	Pos	Cat.	Cat Pos	Forename	Surname	Club/Team	Time
704	331	65+F	4	Marian	Oates	(New Forest Runners)	1:05:09
769	332	U55M	54	Gary	Johnson	(n/a)	1:06:33
944	333	U55M	55	Andrew	Wait	(n/a)	1:08:38
647	334	U65F	23	Angie	Feeley	(n/a)	1:13:50
768	335	U65F	24	Sue	Johnson	(n/a)	1:13:50
970	336	U65M	21	Trevor	Roberts	New Forest Runners	1:14:11

Mens Team Winners: Bournemouth AC

Pos Team

1: Bournemouth AC

2	Josh	Cole
3	Joshua	King
4	Craig	Palmer
11	Jon	Sharkey

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2: Poole AC

5	Chris	Alborough
6	Gareth	Alan-Williams
7	Brian	Underwood
8	Adam	Conroy

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3: Lytchett Manor Striders

13	Lee	Dempster
14	Sean	Edwards
22	Scott	Parfitt
23	Jason	Robbins

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Ladies Team Winners: Bournemouth AC

Pos Team

1: Bournemouth AC

1	Emma	Caplan
14	Jo	Dilling
24	Tamzin	Petersen

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2: Poole Runners

10	Paula	Barker
13	Joanna	Westhead
16	Sharon	Shaw

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3: Littledown Harriers

12	Maria	Everett
20	Samantha	Halstead
22	Helen	Gilbert

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