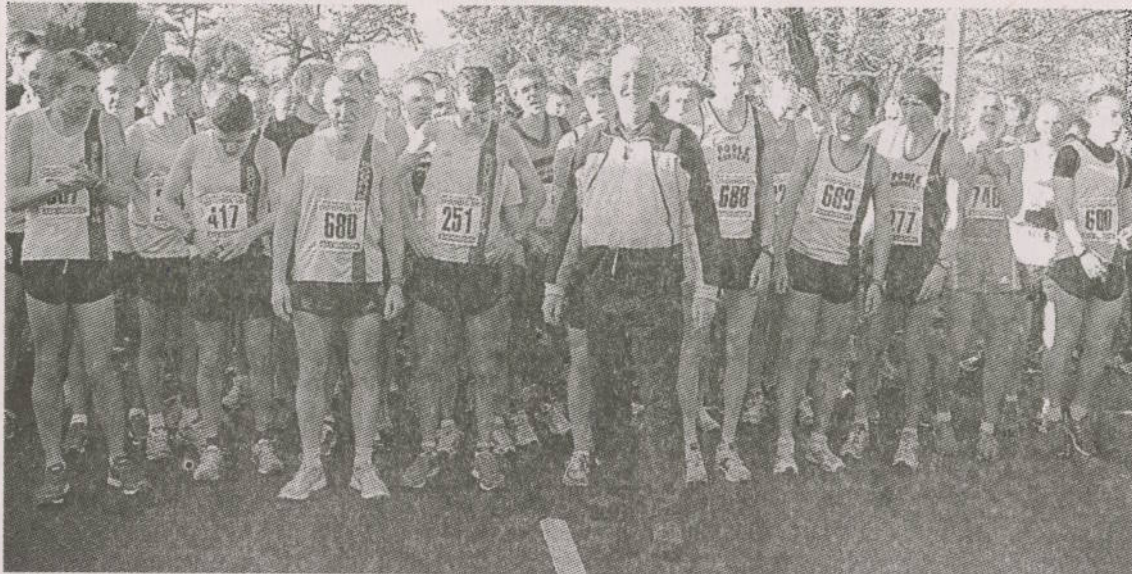


Miller grinds out Christmas victory whilst Olympian Yelling breaks ladies record



Top man: Chris Potter, who has presided over the Burton 10k for the last 20 years, lines the runners up at the start

Poole Runners' George Miller held off a strong group of Bournemouth AC runners to win the 20th anniversary Burton Christmas Pudding 10K.

Miller finished 13 seconds ahead of his nearest rival with a time of 32.00. The experienced Mark Hargreaves (32.13) was second, leading home his Bournemouth clubmates Ian Habgood (32.14), Jonathan Sharkey and Rob McTaggart (both 32.24).

For the ladies international runner Liz Yelling smashed the course record for the fastest lady with a time of 33.38. It must have been her "extra" training session with BBC Breakfast Sports presenter, Mike Bushell televised last week that made all the

difference! Liz finished the race in sixth place overall.

Junior runner Abigail Jones of Poole Runners was second lady with Valeria Sesto, New Forest Runners (37.17) in fourth place.



Nearly home: New Forest Runners (l-r) Phil Handy (38.16), Steve Morton (38.11) and James Henley (38.04)

Noyes nets double hat-trick for Phoenix

NEW FOREST JETS 0;
MUDEFORD PHOENIX FLAMES 9
NEW FOREST GIRLS LEAGUE

The recent bad weather and cancellation of matches did not seem to have affected Mudeford Phoenix' performance.

Five minutes into the game King made a run from the halfway line and Noyes slotted her first goal of the morning past the keeper.

Grinter, working tirelessly in midfield, made a strong run through the Jets defence before playing Harman in to net Phoenix's second goal.

Emphatic derby win for Sprites

SPRITES 8; EVERTON 1
BYFL U13

Sprites were full of fizz in their 8-1 victory over neighbours Everton.

Early action saw Sprites forced on to the back foot with Everton doing their best. However, it was Sprites who took the lead when Vito Falso ran through two defenders and past the keeper to slot the ball home.

After a mix up in the Everton defence O. Hills pounced on the loose ball to make it 2-0 to Sprites.

Gould galvanise

DEXTER SPORTS (BYFL U16)

Sway U16 remain at the top of the pile going into the Christmas break after a 5-0 away win at Dexter Sports.

The game took a while to settle with both sides struggling to put together any consistent possession. Though Dexter had the better of the early breaks, James Underwood and Max Baybut moved quickly to intercept any danger. On the first occasion Sway managed a cohesive move, Robbie Smart delivered a well-weighted ball into the path of David Steadman who finished emphatically for the opening goal.

Sway's midfield gradually began to gain the upper hand with man-of-the-match Jesse Gould becoming increasingly influential, picking out Sway's strikers and wide players with accurate passes. Pressure told and Tom Homan took his opportunity to give Sway a 2-0 lead at the break.

Extra time curbed hard work

BOSCOMBE ALBION 2; HIC HAMPSHIRE

The last 16 of the Hampshire Cup away to Boscombe Albion looked like a tough fixture for Highcliffe Hawks U14 even before the unavailability of five Hawks players including their keeper.

Hawks could only field a squad of 11 players and three outfield players had to take a turn in goal.

The match started evenly but Hawks struck first when returning striker Cameron Roach nicked the ball away from the keeper on the edge of the box and slotted the it into an empty net. Hawks deservedly went 2-0 ahead when Man of the Match Jules Lopez lashed a left foot shot into the roof of the net.

The second half saw Boscombe pull a goal back early and nerves set in for the Hawks. Pressure was on the excellent Hawks back four, the passing suffered and this played into Albion's hands allowing them to grab an equaliser with the last kick of normal time which saw Hawks hearts sink a little.

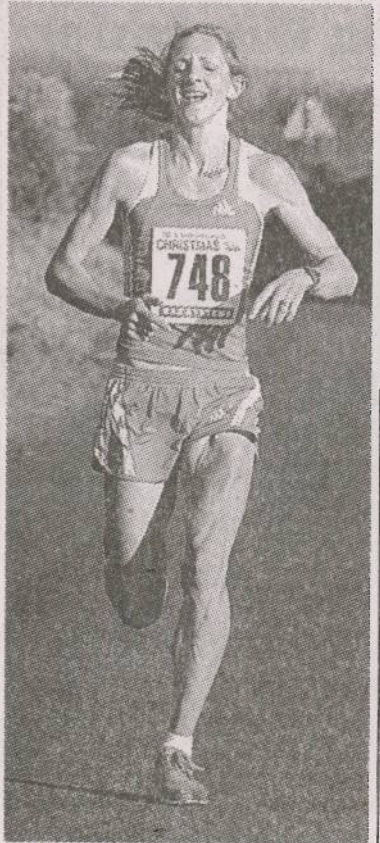
Tiring Eagles n

NEW MILTON EAGLES 1; B

Eagles U13 and Bournemouth Poppies played a terrific game of youth football.

Eagles performance made a mockery of their league position and the ultimate difference between the teams was the size of Eagles squad. With only 11 fit Eagles players available the huge Poppies squad of 18 boys meant they were able to constantly bring on fresh players whilst the valiant Eagles tired and conceded two late goals.

Eagles first half was outstanding as they put Poppies under constant pressure. A Harry Willson free kick freed Jake Clark wide on the left, after beating his man Clark's quality cross found Joe Rawlinson who got



Liz Yelling smashed the ladies course record with her time of 33.38

Draw for entertaining